

Exceptional Family Member Program is design to assist family members who have various disabilities.

MISSION: To ensure that these family members receive services which meet their basic needs.

Who is an Exceptional Family Member (EFM)?

Any family member, regardless of age, who has a disability which limits daily functioning and /or requires special ongoing counseling, training, education, therapy or treatment.

Who Must Enroll in EFMP?



U.S. Army Active Duty Includes U.S. Army Active Duty Soldiers.



U.S. Army Reserve AGR
Includes U.S. Army Reserve Soldiers in the Active Guard Reserve (AGR) program.
Mobilized and deployed Soldiers are not required to enroll in EFMP



U.S. Army National Guard AGR
Includes U.S. Army National Guard Soldiers in the Active Guard Reserve (AGR) program serving under authority of Title 10, United States Code and Title 32



NARMC
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(US Army)



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FORT KNOX IRELAND ARMY HOSPITAL



Exceptional Family Member Program



EFMP Enrollment Overview



The Army originated the concept of the Exceptional Family Member Program (EFMP) to ensure that it considers the needs of Family members in the assignment coordination process.

Enrollment in the EFMP is quite common. In fact, approximately 10% of all Active Duty Soldiers have Family members with identified special needs. By regulation, Soldiers must report that they have Family members with special needs and, if determined necessary by the Army Medical Department, enroll in the EFMP.

These screens provide information on the methods of identifying a Family member with special needs, guidance on enrollment in the EFMP, information on updating enrollment, and reasons for disenrollment.

Mandatory EFMP Identification Criteria

- Life threatening condition/chronic medical/physical conditions with follow up support more than once a year or specialty care.
- Current and chronic mental health conditions; inpatient or intensive outpatient treatment within the last 5 years; intensive treatment at the present time. Medical care from any provider, including primary health care provider.
- Asthma or other respiratory-related diagnosis with chronic wheezing: scheduled use of inhaled anti-inflammatory agents and/or bronchodilators; E.R or clinic visits in the last year; hospitalizations in the last 5 years.
- ADD/ADHD that meets one of these criteria: a co-morbid psychological diagnosis; use of multiple medications; management and treatment by mental health provider.
- Adaptive equipment (apnea monitor, home nebulizer, wheelchair, splints, braces, orthotics, hearing aids, home oxygen therapy, home ventilator, etc.) Assistive technology devices (communication devices) or services. Environmental/architectural considerations (limited steps, wheelchair accessibility/housing modifications and air conditioning
- Special education services as indicated by an IFSP or IEP

Shown are six common reasons for requesting disenrollment from the EFMP. Select each category for more information on procedures for disenrollment.

